

Y AQUATICS™

We build strong kids, strong families, strong communities.



Summer Synchro Camp 2009

Love Music, dance, swimming? Synchronized swimming combines all 3 for fun!

Nationally ranked Synchronized Team
Host a four-day training program

for Beginners, Novices, & Intermediates

August 24 – 27

5pm – 8 pm

At the So. Saratoga YMCA
In Clifton Park, NY

Cost - \$60

Please contact Head Coach Betsy McGeech for more info!

Phone: 753-4565

E-mail: betsy@sculpins.org

Check out our website: www.sculpins.org



CAPITAL DISTRICT YMCA—Southern Saratoga YMCA